Problem Gambling and Health Awareness Conference

FOUR DIRECTIONS
Honoring Our Past • Protecting Our Future
Through Holistic Health, Wellness, and Recovery Support

September 12-15, 2016
CLEARWATER CASINO RESORT | SUQUAMISH, WA

Conference Highlights

• **Traditional Plants for Wellness and Healing** - a hands-on experience with vital tools for the healing process with Northwest Indian Treatment Center Healing Gardens

• **How Can I Help You? Addressing Factors Associated with Treatment Success and Failure** – David Ledgerwood

• **House of Awakened Culture** - Special Community Culture Night
ABOUT THE CONFERENCE

Many representatives of Tribal Nations and organizations working on wellness throughout communities throughout the Pacific Northwest have come together to plan this important conference. As our Four Directions conference theme suggests, our goal is to honor the past and protect the future through holistic health, wellness, and recovery support. We hope to bring together Tribal leaders, behavioral health directors and counselors, education and prevention experts, and families to support each other with knowledge on health issues, problem gambling and other addictions, and financial and safety concerns that affect all of our communities.

The first Four Directions Conference in 2009 was a great success—so much so that interest grew rapidly in offering an expanded conference program. Today we invite you to join us as we celebrate our eighth annual Four Directions Conference.

Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honor the traditional heritage of many cultures, your journey at Four Directions will illuminate and influence your work and your life.

We hope you will join us for this important event!

Presented By

The Honorable Leonard Forsman
Chairman, Suquamish Tribe
CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133).

The Council offers support for residential and outpatient treatment for problem gamblers and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations, including qualified training for certification and continuing education hours. The Council works with the Gaming Industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools, civic and social service organizations, and others to develop and tailor education and awareness programs. For more information call 360.352.6133.

CONFERENCE PARTNER

Suquamish Tribe

daxw səq̓ʷəy̓əł, meaning “place of clear salt water” in the Lushootseed language, has been home to the Suquamish people since time immemorial. It is the ancient place on Agate Passage, the site of Old-Man-House village, the winter home of Chief Seattle, and the heart of the Suquamish People. It is here, past, present, and future, that the Suquamish People live on the land of their ancestors and of their great-grandchildren.

Suquamish is a federally recognized sovereign Tribe. The village of Suquamish and seat of the Suquamish Tribal Government are located on the Port Madison Indian Reservation, along the shores of the Puget Sound near Seattle, WA. The Suquamish Tribe provides comprehensive government, economic, and social programs to approximately 1,100 tribal members. In the last two decades, the Suquamish Tribe has become a key economic partner in the region, operating several Port Madison Enterprises business ventures, a growing seafood company, and performing property management duties for leased land on the reservation.
# Conference Schedule* At-a-Glance

## Monday, September 12
- **8 AM - Noon** Pre-Conference Workshops  
  - Michael Bird (invited)  
  - Prevention and Public Health
- **8 AM - Noon** Pre-Conference Workshops  
  - Arianna Johnny-Wadsworth  
  - Traditional Plants and Wellness Healing
- **1 - 5 PM** Pre-Conference Workshops  
  - Stephanie Fryberg (invited)  
  - Identity-Based Motivation in Mental Health Treatment
- **1 - 5 PM** Pre-Conference Workshops  
  - Arianna Johnny-Wadsworth  
  - Traditional Plants and Wellness Healing

## Tuesday, September 13
- **8 AM - Noon** Pre-Conference Workshops  
  - Don Chapin  
  - Identity-Based Motivation in Mental Health Treatment
- **8 AM-Noon** Pre-Conference Workshops  
  - Marianne Rolland, PhD, LMSW  
  - Reconnecting with Self: A Path to Healing Our Addictions
- **1 - 5 PM** Pre-Conference Workshops  
  - Alan Basham, MA  
  - Standing at the Crossroads of Recovery: Where to Now?
- **1 - 5 PM** Pre-Conference Workshops  
  - Marianne Rolland, PhD, LMSW  
  - Reconnecting with Self: A Path to Healing Our Addictions

## Wednesday, September 14
- **7:30 - 8:30 AM** Registration & Continental Breakfast
- **8 - 8:45 AM** Welcome and Opening Ceremony with Suquamish Honor Guard
- **8:45 - 10:30 AM** Keynote  
  - Marianne Rolland, PhD, LMSW  
  - Taking Responsibility for Ourselves as We Heal and Recover
- **10:30 - 10:45 AM** Break / Exhibits
- **10:45 AM - 12:15 PM** Clinical / Behavioral Health  
  - Matt Magrath, PhD, MSC, CDP and Brad Galvin, LMHC, CDP, NGCG-I  
  - Brain and Behavior: Helping Your Clients Understand the Neurobiology of Addiction
  - Colbie Caughlan, MPH  
  - Suicide Prevention for the NW Tribes
  - Wiley Harwell, D.Min, LPC, NGCG-II  
  - Native Americans and Gambling
- **12:20 - 2 PM** Lunch Plenary  
  - Don Coyhis  
  - An Overview of the Wellbriety Movement
- **2 - 2:15 PM** Break / Exhibits
- **2:15 - 4:15 PM** Clinical / Behavioral Health  
  - Alan Basham, MA  
  - The Lost Child Roots of Addiction
  - Kody Russell, MSW and Robin Sigo, MSW  
  - Community Response to Problem Gambling
  - Don Ramos, NGCG-I, Martin Flores, and Sarah Sense-Wilson, CDP, LMHC, NGCG-I, WSGC-II  
  - Culture as Prevention
- **5:30 - 8:30 PM** Culture Night

## Thursday, September 15
- **7:30 - 8:00 AM** Morning Ceremony at Chief Seattle’s Gravesite
- **7:30 - 8:30 AM** Registration & Continental Breakfast
- **8:45 - 10:15 AM** Keynote  
  - Roger Fernandes, Master Storyteller  
  - Feeding the Spirit
- **10:15 - 10:30 AM** Break / Exhibits
- **10:30 AM - Noon** Clinical / Behavioral Health  
  - Cheryl Fairbanks, JD  
  - The Shift: Tribal Sovereignty and the Peace Circle Process
  - Roger Fernandes, Master Storyteller  
  - Weaving Your Basket of Stories
  - Lorraine Glover, LICSW, LMHC  
  - Healthy and Whole: A Grassroots Approach to Healing Trauma
- **Noon - 12:15 PM** Break / Exhibits
- **12:15 - 1:45 PM** Lunch Plenary  
  - Round Table Discussions
- **1:45 - 2 PM** Break / Exhibits
- **2 - 4 PM** Clinical / Behavioral Health  
  - David Ledgerwood, PhD  
  - How Can I Help You? Addressing Factors Associated with Treatment Success and Failure
  - Wiley Harwell, D.Min, LPC, NGCG-II  
  - Talking Circle — Traditions and Tools for Healing
  - Ted Hartwell, MA and Sydney Smith, LPC, LADC, NGCG-II  
  - “Gambling is a Spirit that Talks in Your Ear so that You Can’t Hear Your Heart”
- **4 - 4:30 PM** Closing Ceremony  
  - Special Presentations, Singing, and Drumming

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*Schedule is subject to change. Visit [www.evergreencpg.org](http://www.evergreencpg.org) for the latest schedule updates!
CuLtuRe NiGht

House of Awakened Culture

For the Salish Tribes of the Puget Sound, a single large building, often called a longhouse, has served as the center of the community. Opened and dedicated in 2009, the House of Awakened Culture is constructed in the style of Old Man House, the previous home of the Suquamish for generations. The House of Awakened Culture indeed is a cultural hub of the community where we offer programs that teach and celebrate the living culture of the Suquamish. Community members participate in Lushootseed language classes, traditional weaving and carving, Tribal Journeys training, regalia making, and song and dance practice in the house. We welcome you to the House of Awakened Culture — sgʷədədzədəʔ qəʔałtxʷ.

Please join us for an evening highlighting the Suquamish culture through traditional food, stories, song, and dance at the House of Awakened Culture on Wednesday, September 14 from 5:30 – 8:30 pm. To attend, choose the option on the registration page for yourself and guests, if applicable. There is no charge for this event, but advance registration is required.

Please feel welcome to bring your drums, flutes, or other instruments.

Morning Ceremony
Chief Seattle’s Gravesite
Thursday, September 15, 7:30 - 8 am
Shuttle departs from Main Lobby at 7 am
Please sign up at the Registration Table by Wednesday at 2 pm

“Our dead never forget this beautiful world that gave them being. They still love its verdant valleys, its murmuring rivers, its magnificent mountains, sequestered vales and verdant lined lakes and bays, and ever yearn in tender fond affection over the lonely hearted living, and often return from the happy hunting ground to visit, guide, console, and comfort them.” Chief Seattle, 1854

We thank and honor the Suquamish people for hosting us on their beautiful lands.
CONFERENCE REGISTRATION DEADLINES

- Early Bird registration deadline is Thursday, August 25, 2016.
- Regular registration deadline is Tuesday, September 6, 2016.
- On-site registration only after Tuesday, September 6, 2016. Please do not mail, email, fax, or drop off registration after this date. Visa® or MasterCard® credit or debit cards will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit www.evergreencpg.org to register. Please call 360.352.6133 if you need assistance.

CONFERENCE SCHOLARSHIPS

Scholarship opportunities available for Washington State treatment providers!

Thanks to a partnership with DSHS/BHSIA, ECPG offers a limited number of scholarships. Scholarship includes full registration fees, hotel stipend ($50 per night, up to three nights), and Washington State Problem Gambling Certification application fees. The deadline to apply is September 6; applications received after that will be considered only if funding is still available. Call 360.352.6133 or visit www.evergreencpg.org for more details.

HOTEL ACCOMMODATIONS

We have reserved a block of rooms for conference attendees at very special rates at the Clearwater Casino Resort. Conference rates are offered to attendees based on availability. Room quantities are limited, so reserve your room early.

SUQUAMISH CLEARWATER CASINO RESORT

The Clearwater Casino Resort is nestled on the shore of the Agate Passage. Indoors and out, the breathtaking property captures the rustic natural beauty of the Pacific Northwest. The Resort’s 85 guest rooms flank a soaring Great Room offering spectacular waterfront views amid museum-quality works of art. The newly opened Hotel Tower features an additional 98 spectacular rooms. Amenities include complimentary standard high-speed Internet access, Native Art Gallery, zero-entry swimming pool, outdoor jacuzzi, and fitness center.

15347 Suquamish Way NE
Suquamish, WA 98392
Reservations: 866.609.8700

Conference Guest Room Rates:
$109 Single/Double Occupancy (non-view)
$119 Single/Double Occupancy (view)
Special rate cut-off date is August 19

*When making reservations, identify yourself as a Four Directions attendee.
REGISTRANT INFORMATION

Name: ___________________________ Credentials: ___________________________

Position / Title: ________________________ Agency / Organization: ___________________________

Address: _____________________________________________________________

City: ___________________________ State/Province: ___________________________ Zip / Postal Code: ___________________________

Day phone: ___________________________ Cell/Alternate phone: ___________________________

Email address: _________________________________________________________

REGISTRATION OPTIONS

All amounts shown in **US Dollars**

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<th>Four Directions Four-Day Conference</th>
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<th>Early Bird ECPG Non-Member Before August 25</th>
<th>ECPG Member After August 25</th>
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<th>On-Site (for all) After September 6</th>
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<th>Culture Night: House of Awakened Culture</th>
<th>Total attending: _____ Conference attendees + _____ Guests (no charge)</th>
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TOTAL AMOUNT ENCLOSED: US $

How did you hear about this conference?

- X Brochure mailing
- X Referral
- X Search Engine
- X ECPG Website
- X Email
- X Other ________

☐ YES! I’D LIKE TO BECOME A MEMBER OF ECPG AND SAVE ON MY REGISTRATION! (see last page for membership form)

- CANCELLATION POLICY: Refunds will be issued, less a $35 administrative fee, if received in writing by September 6, 2016. Refunds will not be issued after that date.
- Students must provide proof of current enrollment.
- To become an ECPG member, fill out the application on the Special Membership Offer page or visit www.evergreencpg.org/Membership.

DIETARY RESTRICTIONS and/or DISABILITIES

I have the following dietary restrictions: ☐ Gluten-Free ☐ Lactose-Intolerant ☐ Peanut Allergy ☐ Sugar-Free ☐ Vegan ☐ Vegetarian

I require the following under the Americans with Disabilities Act: __________________________

METHOD OF PAYMENT

☐ Visa® ☐ MasterCard® ☐ Money Order

Credit Card #: __________________________

Expiration Date: ____________ CSC #: ____________

(3 digits on back of credit card)

Check # (US dollars only):

Make checks payable to Evergreen Council on Problem Gambling

Name on check: ___________________________

(if different from registrant)

Signature: ___________________________

MAIL, EMAIL, FAX, OR DROP OFF THIS FORM WITH PAYMENT TO:

Evergreen Council on Problem Gambling

1801 Fourth Avenue East | Olympia, WA 98506

P: 360.352.6133 | F: 360.352.4133 | info@evergreencpg.org
CONTINUING EDUCATION UNITS

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling’s training workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards for certification. Additionally, ECPG is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO), the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD), and the Washington Mental Health Counselors Association (WMHCA). All of our conference sessions are eligible for CEUs. ECPG is also requesting accreditation approvals from the Indigenous Certification Board of Canada (ICBOC) and the Canadian Problem Gambling Certification Board (CPGCB). Contact us with further questions.

SPECIAL MEMBERSHIP OFFER

Join both ECPG and NCPG and save $40!

NEW MEMBER INFORMATION

Name: ___________________________ Company: ___________________________
Address: ___________________________ Apt./Suite: ___________________________
City: ___________________________ State/Province: ___________________________ Zip/Postal: ___________________________
Phone: ___________________________ Fax: ___________________________
Email address: ___________________________

All fields are required

MEMBERSHIP OPTIONS

__ $39 USD ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.

__ $74 USD Joint ECPG & NCPG Individual Membership—Includes ECPG Membership plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to Addiction Professional as well as discounts on literature and conferences. This special offer is a $114 value! The cost of NCPG Individual Membership alone is $75 when purchased directly. Save $40 through ECPG!

__ $99 USD Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This special offer is a $139 value! The cost of NCPG Individual Plus Membership alone is $100 when purchased directly. Save $40 through ECPG!

MEMBERSHIP PAYMENT

Today’s Date: ___________________________ Credit Card #: ___________________________
Method of Payment: _____Visa* _____MasterCard* _____Money Order Expiration Date: ___________________________ CSC #: ___________
Check # (US dollars only): ___________________________ (3 digits on back of credit card)
Checks payable to Evergreen Council on Problem Gambling Signature: ___________________________